



Executive Coaching

Widely recognised as the most effective way to provide professional skill and leadership development, Barrington e2e Coaching focuses on building respectful relationships, modelling core values, and providing clear professional direction.

Studies have consistently shown that Executive Coaching provides an average return-on-investment of 6 to 10 times the cost of coaching. (Anderson, 2001, O'Neill, 2005)

- Research from The Hay Group shows that up to 40% of the Fortune 500 Companies now use Executive Coaches
- 17 of the top 25 ASX listed companies have an executive coaching or mentoring program
- The Personnel Management Association showed that when training is combined with coaching, individuals increase their productivity by an average of 86% (compared to 22% with training alone).

Executive Coaching is effective because it targets specific skills and outcomes. Barrington e2e achieves this by setting clear goals that:

- Encourage self-development for Managers and Executives
- Model leadership and communication
- Empower both the individual and the organisation
- Establish patterns in behaviour, thinking, networks, and management
- Identify and implement strategies to improve professional skills.

THE BENEFITS

The benefit of Coaching is two-fold, impacting on both the individual's performance within their role, as well as the organisation as a whole.

Benefits for the Executive include:

- 1 Identification of strengths and addressing of development needs
- 2 Improved job performance
- 3 Development of leadership skills and promotion of ownership
- 4 Provision of regular feedback and support

Benefits for the Organisation include:

- 1 Retention and development of high performing management
- 2 Better client relationships
- 3 Improved organisational strength
- 4 Improved employee morale and work culture
- 5 A clear demonstration to employees of an organisation's investment in their staff.

OUR TEAM AT BARRINGTON

Due to the strength of our network, Barrington is able to engage with businesses nation-wide in the provision of Coaching services. Barrington has provided Executive, Personal and Group Coaching in a variety of industries, including legal, sales, industrial, judicial, hospitality, manufacturing and transport.